Lam Tai Fai College Sports Team Training Arrangements (2021-2022)

| Training period: 9/202 | 1 - 8/2022 | | | | | |
|----------------------------------|---|---|--|--|--|--|
| Sports Team | Coach (Qualification) | Training Venue | Date | Time | Teachers-in-charge | |
| Athletics (Running) | Liv Voy Shing (Cooch of IIV Ametery Athletic Association) | Shatin / MOS Sports Ground | Wed & Fri | | Mr. Man Kin Ping Ms. Wan Cheuk Ping | |
| Athletics (Jumping) | Liu Yau Shing (Coach of HK Amateur Athletic Association) | LTFC Covered Playground | Mon | 16:15-18:15 | | |
| Athletics (Throwing) | Lee Ka Shun (Former discus record holder in HK) | LTFC Running Track Artificial Turf Pitch | Tue & Thu | 10:13-16:13 | | |
| Badminton | Yang Ching (Former member of HK Team, Coach of HK Badminton Association) | 2/F KP Fan Hall 5/F Multi-Purpose Stadium | Tue Thu | 16:15-18:15 | Mr. Chan Ching Piu Ms. Wan Cheuk Ping | |
| Basketball (Boys) | | 5/F Multi-Purpose Stadium | Tue & Fri | 16:15-18:15 | Ms. Cheng Ki Kei | |
| Basketball (Girls) | Coach from South China Basketball Team | 5/F Multi-Purpose Stadium LTFC Open Court | Mon Thu | | | |
| Cross-country & Long Run | Coach of HK Amateur Athletic Association | LTFC Open Court Outside School | Wed & Fri | 16:15-18:15 | Ms. Cheng Ki Kei Ms. Lai Po Yee | |
| Cycling | Coach of Cycling Association of Hong Kong, China | LTFC Open Court Cycling Ground outside school | Tue & Wed | 16:15-18:15 | Mr. Chan Ching Piu | |
| Fencing | Coach of Hong Kong Fencing Association | 5/F Gymnasium | Tue | 16:15-18:15 | Mr. Man Kin Ping Mr. Leung Pak Yui | |
| Football (Boys) | Szeto Man Chun (AFC "Pro" License Coach, HKFA Coach Instructor) | LCSD Football Pitch | Tue & Thu | 16:30-18:30 | Mr. Man Kin Ping Mr. Chan Ching Piu | |
| Football (Girls) | Lam Kin Fan (AFC B License Coach) | LTFC Roof Top Football Pitch | Wed | 16:30-18:30 | Mr. Tong Kin Ming | |
| Handball (Boys) Handball (Girls) | Coach of Handball Association of Hong Kong, China | LTFC Open Court | Mon Fri | 16:15-18:15 16:15-18:15 | Mr. Chan Ching Piu | |
| Rowing | Training details will be informed by CCA notice later. | | | | Ms. Cheng Ki Kei Ms. Lai Po Yee | |
| Squash | Training details will be informed by CCA notice later. | | | | Ms. Cheng Ki Kei Mr. Chan Ching Piu | |
| Swimming | Yeung Jing (Former member of China Team, Coach of Hong Kong Team) | LTFC Indoor Swimming Pool | Morning: Mon to Thu Afterschool: Mon to F | Ms. Cheng Ki Kei Mr. Chan Ching Piu | | |
| Table-tennis | Gao Ming Quan (Former member of China Team, Coach of HK Table-tennis Association | 2/F KP Fan Hall | Mon & Fri | 16:15-18:15 | Ms. Wan Cheuk Ping Mr. Ko Chun Hei | |
| Tennis | Training details will be informed by CCA notice later. | | | | Mr. Man Kin Ping | |
| Volleyball (Boys) | Siu Cheong Hung (Member of HK Team) | 5/F Gymnasium 5/F Multi-Purpose Stadium | Mon Wed | 16:15-18:15 | Ms. Lai Po Yee | |
| Volleyball (Girls) | To Wing Man (Member of HK Team) | 5/F Gymnasium | Wed & Thu | 16:15-18:15 | 1 | |

Note: As the training of Football / Cycling / Athletics / Squash / Tennis / Cross-country takes place outside the school campus, team members will be dismissed on site when the training is completed. Parents can make transport arrangements from the training venues if necessary.