

Health Education and Health Promotion in Lam Tai Fai College:

1. What is the Education for Health Curriculum offered in LTFC?

Why Integrating

- Avoid marginalization
- Avoid trivialization
- Mirroring learners' daily life
- A sense of community
- Allowing holistic improvement or monitoring
- Integration
- Assimilation --- absorbed
- Tribalism
- Mosaic at piece --- Roman art

Giving a full play to our school's mission and vision, LTFC curriculum integration works for connectedness, networking, complexity and sustainability --- to prepare the ground for the nurturing of the talent of the 21st Century. Integration and differentiation equal to complexity (Csikzentmihalyi)

What is our Education for Health Curriculum?

Latin 'currere' --- race track

| Curriculum | Perspective | Key Questions |
|--|-------------------|---|
| As Experience (Dewey) | Process-based | <i>How do our students go through the learning?</i> |
| As Subject --- programme of study, syllabuses | Content-based | <i>What do our students learn?</i> |
| As Plan, intention (MacDonald) --- not programmes & activities | Management-driven | <i>In what way does their learning progress?</i> |
| As Objectives (Tyler) | Outcome driven | <i>What do we want our students learn?</i> |

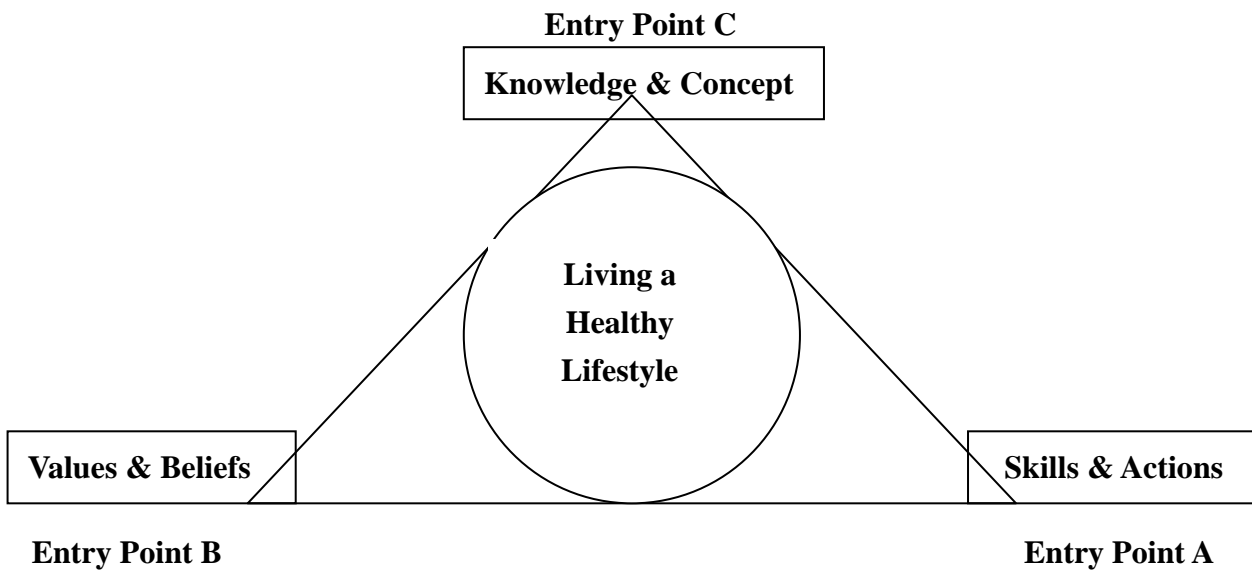
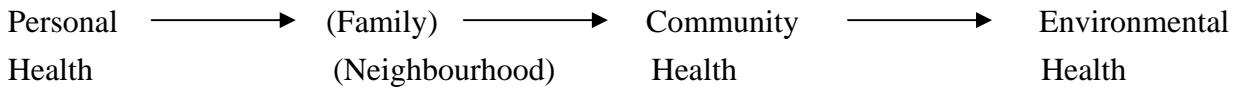
a) What are the learning goals?

(e.g. Healthy Lifestyle & Responsibility ---each with specific learning targets.)



In addition to a Formal Health Education Curriculum in the regular time-table, an extended curriculum was designed as a platform to contain Knowledge & Concepts, Skills & Actions as well as Values & Beliefs in the implementation of the said curriculum. It sheds light on meeting the needs of the curriculum contents such as living a healthy lifestyle and meeting responsible decisions on Health Issues.

An Example:



b) What should be learned?

